

Covid-19 Local Lockdown Restrictions

Advice to Snowsport Cymru Wales Membership and Facility Operators – 30th September 2020



Dear Member Clubs, Membership, Facility Operators,

As a result of the currently increasing rates of reported infection of Covid-19 in Wales many areas have been, or have been given notice of being, placed in local lockdowns.

Therefore as your National Governing Body we wish to give as much clarity upon these regulations as we can and to advise all members and club activity providers that they must operate within the Welsh Government regulations. If any member requires further clarification on the regulations please email myself as Chief Executive (robin@snowsportwales.net).

In the first instance I point you in the direction of Welsh Government FAQs on the topics for each county available here: [:https://gov.wales/local-lockdown](https://gov.wales/local-lockdown)

We have received a number of inquiries with regards activities for children and crossing the lockdown boundaries. Following conversations with Sport Wales, Welsh Sports Association and Welsh Government, we would point you in the direction of the below highlighted passages, that are copied across each of the lockdown area FAQs. This guidance applies to people of all ages, including children.

In summary, whilst an allowance exists for people to travel across boundaries to access childcare, where there is no reasonable alternative provision, **this does not** extend to allow travel to access sport and physical activity for children. All sport and physical activity must be carried out within the home county, unless there are specific health care reasons why this cannot be done. Crossing a county boundary to attend classes or other provision in another county is not permitted, even if that is the normal or preferred site of attendance and participation.

As long as individuals of any age, stay within their home county, there are no changes to the regulations affecting sport and people can participate “as normal” (within the current context).

Local Lockdown FAQs and Regulations - Sport and outdoor activity

Can sport, leisure and recreation facilities remain open?

Yes. The operators of these facilities must take all necessary measures to manage risk and maintain social distancing, and a gathering of people to exercise or play sport, both indoors and outdoors, must not exceed 30 people.

Snowsport Cymru Wales is the governing body for snowsports in Wales

Snowsport Cymru Wales is a company limited by guarantee and Registered in Wales No. 2918336.

Registered Address Cardiff Ski Centre, 198 Fairwater Rd, Fairwater, Cardiff. CF5 3JR.

Website : www.snowsportwales.co.uk Email : admin@snowsportwales.net

Telephone : 029 20561904

Who can I play sport or exercise with?

You can only play sport or exercise with others from within the local authority area as long as you maintain social distancing, all reasonable steps are taken to minimise risk, and only do so in groups or classes of up to 30 people.

Can outdoor sports classes and team sports continue?

Yes, but social distancing should be maintained at all times and the classes must be limited to no more than 30 people. **You should not travel to areas outside the county to participate in sport or exercise.**

Can I drive somewhere to exercise or play sport?

Yes, as long as you staying within the County Borough Council area.

I have mobility problems and need to drive to exercise – can I do that?

Yes. People with specific health or mobility issues may need to travel by car from their home to exercise, including possibly outside the County Borough Council area if there is a good reason for this. For example, some wheelchair users or users of mobility scooters may not be able to exercise immediately outside their homes for practical reasons. In such circumstances the journey should be to the nearest convenient accessible location.

Can gyms and leisure centres stay open?

Yes, as long as they can maintain all the safety requirements to protect people from the risk of contracting coronavirus. Gyms and leisure centres have to put measures in place to ensure social distancing and good hygiene. They may also need to stop certain activities where people are in close contact because the risk of spreading the virus in the area is higher.

Do I need to wear a face covering when I exercise in a leisure centre or gym?

As gyms and leisure centres are indoor public places, you will need to wear a face covering when you go there and you will need to keep it on depending on what you are doing. If you are preparing to exercise, changing or undertaking any activity that isn't strenuous, especially when in close contact with other people, you will need to wear a face covering.

However, there may be circumstances where the layout of the premises and the nature of the exercise you are doing mean that it would not be reasonable to expect you to wear a face covering. The World Health Organisation advises against wearing a face covering when exercising as sweat can make a face covering become wet more quickly, making it difficult to breathe and promoting the growth of microorganisms. It advises the important preventive measure during exercise is to maintain physical distance from others.

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Can I travel to and from the area to take part in sport?

No, only if you are a professional sports person or an elite athlete as designated by Sport Wales. Travelling to and from the area for amateur sport activities is not permissible.

Please note : Elite Athlete Status requires an application to Sport Wales through your NGB, supported by evidence that the athlete is an Olympic or Paralympic pathway athlete (on a published long list) or medal potential at Commonwealth Games.

For further information or clarification, contact

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