

Snowsport Cymru Wales – ACTION PLAN - Phased Return to the Slopes



ACTION PLAN

Following the announcement by Welsh Government 10th July 2020 where guidelines governing Covid-19 restrictions were relaxed to allow organised group gatherings of up to 30 persons, National Governing Bodies of Sport in Wales are required to update their Action Plans for a phased return to sport setting out sport specific regulations to govern group activity.

This updated document refers to the period from 9th November 2020, post Firebreak Lockdown.

All Snowsport activities within Wales are required to be governed by this Action Plan including the further detail as set out in the Welsh Government guidance note below,

<https://gov.wales/coronavirus-regulations-guidance#section-46351>

In order to comply with the Snowsport Cymru Wales Action Plan, clubs and organisations carrying snowsports group activity must ensure the following actions are in place prior to any group sessions are started.

Snowsport Club/Organisation Action Plan Requirements

1. A Covid-19 Officer is appointed and advised to Snowsport Cymru Wales.
2. Maximum of 30 persons in any gathering of organised sport, this includes coaches/instructors/managers.
3. 2m social distancing must be maintained at all times.
4. Participants are briefed in understanding of acceptance of the risks of transmission of Covid-19.
5. Activity organisers must ensure, upon arrival, that participants have completed a self-assessment for COVID-19 symptoms. Entry must be refused to anyone who is unable to provide assurance that they have done so and that to the best of their knowledge it is safe for them to take part.
6. Participants should limit their time of arrival prior to commencement of any session.
7. Organisers should organise meet up times to reduce any group gathering to a minimum prior to the start of the sessions.
8. Participants to be encouraged to follow best practice for [travel](#) including minimising use of public transport and limiting car sharing. Walk or cycle if you can. People from one household and extended household can travel together in a vehicle.
9. Participants should be encouraged to come to each session ready to train, avoiding the use of changing rooms.
10. Participants should be encouraged to use their own equipment wherever possible.

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11. Where equipment is shared, equipment must be cleaned to the appropriate standard before and after use in accordance with guidance. Check the latest guidance on [cleaning](#) and advice from [the Welsh Government](#).
12. A full Covid-19 risk assessment is carried out and available for inspection on request.
13. An operational protocol and/or plan is prepared and available for inspection on request.
14. All coaches/instructors/officials are made aware of the risk assessment and briefed in its actions relating to their role.
15. Records are taken and maintained of all participants for each session, these records will include all contact details required in the event of track and trace request.
16. The Covid-19 Officer cooperates with authorities in any track and trace request.

For the purpose of this guidance note and the following table please refer to the 'AMBER' phase to give guidance concerning permitted activities.

For further advice and support contact;

Robin Kellen
Chief Executive
Snowsport Cymru Wales
Tel : 07779623925
Email : robin@snowpsortwales.net

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Element of the sport	Lockdown	Red Phase 1	Amber Phase 2	Green Phase 3
Recreational Practice	Outdoor and Indoor Snowsports facilities closed. Nordic Rollerskiing using own equipment could possibly be considered providing solo training, or with household members, within walking distance of home. One exercise session per day.	Outdoor and Indoor Snowsports facilities closed. Nordic Rollerskiing using own equipment providing solo training, or with household members, within walking distance of home and adhering to Welsh Government guidelines.	Potential* return to outdoor facility opening on a limited basis having conducted Covid –19 risk assessments and adopted strict Health and Safety measures.	All facilities open with risk management measures and operational protocols in place at all venues.
Club Activity	Outdoor and Indoor Snowsports facilities closed. Club sessions suspended. Online training and updates possible.	Outdoor and Indoor Snowsports facilities closed. Club sessions suspended. Online training and updates possible. Clubs to plan for a potential return to facility use and engage with facility operators / providers where appropriate.	Potential* return to outdoor facility usage on a limited basis. Maximum groups of 30 persons (including coaches/instructors). Clubs to work with facility providers to develop and agree a safe Return to Use Plan following Snowsport Cymru Wales Action Plan and Welsh Government published guidelines in relation to facility use and social distancing.	Club sessions resume at all facilities with risk management measures and operational protocols in place at all venues.
Coaching	All face to face activity suspended. Online/via correspondence training only.	All face to face activity suspended. Online/via correspondence training only.	Potential return to coaching /leading activity in small groups (Maximum gathering of 30 persons including coaches, instructors and officials). Maintaining social distancing and following Snowsport Cymru Wales Action Plan and Welsh Government published guidelines. Facilities to provide Covid-19 coaching protocols.	Individual and group Face to Face Coaching resumes at all facilities with group size limits and social distancing.
Competition	All competition suspended.	All competition suspended.	Potential* return to outdoor local events on a limited basis (Maximum gathering of 30 persons including coaches, instructors and officials), not in ‘waves’ of 30. Events must be sanctioned by the NGB and Sport Wales before publicized. Follow Snowsport Cymru Wales Action Plan and Welsh Government published guidelines relating to social	Events may resume whilst maintaining social distancing, adhering to Welsh Government restrictions on gatherings and individual facility Covid -19 Health and Safety measures.

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			distancing, health and safety and facility access.	
Element of the sport	Lockdown	Red Phase 1	Amber Phase 2	Green Phase 3
Coach & Official Education	All activity suspended. Online learning modules & webinars.	All activity suspended. Online learning modules & webinars.	Online courses continue. Essential face to face courses resume with limited capacity and social distancing measures in place.	Online courses continue. Essential face to face courses resume with limited capacity and social distancing measures in place.
Running the sport – Governance structures & staff working.	Online meetings & home working.	Online meetings & home working. Face to face meetings at outdoor venues resume only where necessary and with social distancing measures in place. Prepare generic risk assessments and operational protocols for facilities and clubs.	Work from home wherever possible. Limited office availability for staff to work with social distancing, cleaning, sanitising and hygiene measures in place having conducted a Covid-19 risk assessment.	Office working and-face to face meetings resume where required with social distancing, cleaning, sanitising and hygiene measures in place.

**Subject to commercial viability with reduced participation and availability of staff, PPE, volunteers, First Aid, etc*

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At each stage of reopening access to sport, the following questions set out by Welsh Government should be considered,

The seven questions the Welsh Government will ask when it considers relaxing any part of the lockdown restrictions are:

- Would easing a restriction have a negative effect on containing the virus?
- Does a particular measure pose a low risk of further infection?
- How can it be monitored and enforced?
- Can it be reversed quickly if it creates unintended consequences?
- Does it have a positive economic benefit?
- Does it have a positive impact on people's wellbeing?
- Does it have a positive impact on equality?

More information available from the [Welsh Government website](#)